



CLEDRA GROSS

CERTIFIED MASTER LIFE COACH, AUTHOR, SPEAKER, AND ENTREPRENEUR

STEP INTO FREEDOM THROUGH INTENTIONAL THINKING

Cledra's coaching philosophy is simple - The lives we live today are the results of our actions; our actions are born out of our thinking. Simply stated - we change our lives by changing our thinking.

Many of our thoughts are messaging we've unintentionally adopted from being exposed to environments that benefit from our CONFORMING instead of TRANSFORMING. Cledra helps us to uncover the subtle ways we unintentionally live out these adopted messages and how they create results inconsistent with what we really desire.

Cledra's public speaking has helped thousands to come to the clarity needed to change their thoughts about themselves and the world around them. Using her signature Thought Tree™ methodology, Cledra teaches groups and organizations how leverage intentional thinking to master feelings and to intentionally create actions that leads to the results they want in their lives.

"Success Does not Come Through Hard Work Alone - But Hard Work and Intentional Thinking" - Cledra

Bio:

A Raleigh NC native, Cledra is a graduate of North Carolina A&T State University - Chemical Engineering major, and a member of Alpha Kappa Alpha Sorority Incorporated. Cledra is a Certified Master Life Coach, Author, Speaker, Entrepreneur, and Minister and proud wife of Bishop Eddie Gross. Cledra stepped out of a lucrative and successful 20+ year career in pharmaceutical sales and has built a successful coaching practice serving clients all over the globe.

Books and Awards:

"ReWrite Your Story - 8 Weights To Drop To Wake Up To Your Best Life"

2018 Coach of the Year - 2019 Coach of the Year - Livestream speaker at SpeakerCon - 2017 Entrepreneur of the Year Award for Leadership & Community Service

Book Cledra at: 872-801-0040 or cledra.com

